CONTENT TALLY SHEET

"Draw a Person Picking an Apple from a Tree"

Picture #: _____
Rater: _____

Instructions for Coding: Approach the picture as if you did not know what it was supposed to be. Can you recognize the individual items? Place a check for all items you see in the picture. If there is no category for an item, try to describe it in "Other Features" (Section 13). If there are two or more persons in the picture, designate the person on the left as Person #1, the next person to the right as Person #2, and so on.

1. Orientation of Picture

Horizontal		Vertical	

2. Colors Used in the Whole Picture

(Check all colors used)

Blue		Turquoise	
Red		Purple	
Green		Dark green	
Brown		Black	
Pink		Magenta	
Orange		Yellow	

3. Person

If this is marked, skip to Section #9.

Cannot identify any part of the drawing as a person	

If this is marked, score Sections #3 & #8.

Only arm or hand seen reaching for or grasping apple	

4. Colors

a. Color of Person

Check all colors used for the person(s) (or arm or hand), including the clothes. If you cannot identify the person, do not code this section.

Person	#1	#2	#3
Blue			
Turquoise			
Red			
Green			
Dark green			
Brown			

Person	#1	#2	#3
Black			
Purple			
Pink			
Magenta			
Orange			
Yellow			

b. Color of Skin

Person	#1	#2	#3
Light			
Medium Light			
Medium			
Medium Dark			
Dark			

5. Gender

Person	#1	#2	#3
Cannot tell (ambiguous or stick figure)			
Definitely male			
Might be male			
Definitely female			
Might be female			

6. Actual Energy of Person

(The categories are not mutually exclusive - ex., a person could be sitting and reaching toward an apple.)

Person	#1	#2	#3
Prone			
Sitting			
Standing on implied or actual ground			
Standing on box, ladder, or other object			
Reaching toward nothing			
Reaching down or up toward apple or object			
Floating (feet higher than base of tree with no groundline or visible support for feet)			
Hanging (appears suspended from tree or branch)			
Jumping up (may have "action lines")			
Jumping or falling out of tree			
Climbing tree without ladder			
Flying			
Other (if you cannot use one of the above categories, describe it as best you can):			

7. Orientation of Person's Face

How much can you see of the person's face?

Person	#1	#2	#3
Cannot tell			
Front view - no features			
Front view with at least one feature (ex., eyes)			
Profile			
Three-quarters view			
Back of head			

8. Approximate Age of Person

Person	#1	#2	#3
Cannot tell (ambiguous or stick figure)			
Baby or child			
Adolescent or adult			

From: L. Gantt & C. Tabone, 2026, The Formal Elements Art Therapy Scale: The Rating Manual (2nd Expanded Edition). Morgantown, WV: Gargoyle Press. Copyright © ITR Training Institute LLC, 2026. This tally sheet may be reproduced in quantity by researchers. For other uses, written permission is needed. Please contact ITR Training Institute, 364 Patteson Dr. #105, Morgantown, WV 26505. 800-755-6105.

9. Clothing

Person	#1	#2	#3
Hat			
No clothes (stick figure or hand)			
Nude			
Some suggestion of clothes (may be a line indicating neckline or hem; may be same color as person; may be a sleeve or suggestion of sleeve if only hand is shown)			
Well-drawn clothes done in different colors than person (ex., street clothes or work clothes, dress, jumpsuit)			
Costume (specify):			

10. Apple Tree

If you cannot identify any part as an apple tree, a branch, or a stem, check the first box and skip to Section #11. Count the total number of apples you can see, whether they are in the person's hand, on the ground, in the tree, or in a container.

No identifiable apple tree or branch or stem	
Only one apple in the picture:	
Only a stem or branch with one apple on it, no tree trunk	
Trunk and top visible (may run off edge of paper) with one apple	
2-10 apples	
More than 10 apples	
Apples placed on perimeter of top*	

* Code if the apples are placed around the edge of the tree top, on stems sticking out from the edge of the top, or only at the ends of branches rather than in the tree.

11. Color of Apple Tree

Trunk:	
Brown	
Black	
Other (specify):	
Top (may be distinct leaves or lollipop top or rounded form):	
Green and/or dark green	
Other (specify):	
Apples:	
Red	
Yellow	
Green/dark green	
Other (specify):	

12. Environmental Details

If you cannot identify any details in the categories below, check the first box and skip to Section #12.

No identifiable environmental details	
Natural details:	
Sun, sunrise, sunset	
Moon	
Grass or horizon line	
Flowers	
Tree (other than apple tree)	
Clouds, rain, wind	
Mountains or hills	
Lake or pond	
Stream, river, or creek	
Sky (filled in or sky line)	
Rainbow	
Animals:	
Dog	
Cat	
Bird	
Cow, sheep, farm animal	
Butterflies	
Other (specify): _____	
Imaginary items, machines, or animals (specify): _____	
Inanimate items:	
Fence	
Sign	
House	
Walkway, path or road	
Car, truck, or wagon	
Other (specify): _____	
Ladders	
Baskets, boxes, or containers	
Apple pickers or sticks	
Other (specify): _____	

13. Other Features

Writing (not a signature or on a sign)	
Numbers (not a date or on a sign)	
Geometric shape(s)	
Seemingly random marks	
Other (specify): _____	

Notes:

From: L. Gantt & C. Tabone, 2026, The Formal Elements Art Therapy Scale: The Rating Manual (2nd Expanded Edition). Morgantown, WV: Gargoyle Press. Copyright © ITR Training Institute LLC, 2026. This tally sheet may be reproduced in quantity by researchers. For other uses, written permission is needed. Please contact ITR Training Institute, 364 Patteson Dr. #105, Morgantown, WV 26505. 800-755-6105.