Picture #: _____

Rater: _____

FORMAL ELEMENTS ART THERAPY SCALE (FEATS)©
RATING SHEET

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The FEATS uses scales that measure more or less of the particular variable. Look at the degree to which a picture fits the particular scale by comparing the picture you are rating with the examples in the illustrated rating manual. **You may mark between the numbers on the scales.** Approach the picture as if you did not know what it was supposed to be. Can you recognize individual items? If you have a picture that is hard to rate, do your best to compare it to the illustrations and the written descriptions. Do not worry whether your rating is the same as another rater's. Concentrate on giving your first impression to the variable being measured.

#1 - Prominence of Color

Color used for outlining only	0 | 1 | 2 | 3 | 4 | 5	Color used to fill all available space

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#2 - Color Fit

Colors not related to task	0 | 1 | 2 | 3 | 4 | 5	Colors related to task

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#3 - Implied energy

No energy	0 | 1 | 2 | 3 | 4 | 5	Excessive energy

#4 - Space

Less than 25% of space used	0 | 1 | 2 | 3 | 4 | 5	100% of space used

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#5 - Integration

Not at all integrated	0 | 1 | 2 | 3 | 4 | 5	Fully integrated

#6 - Logic

Entire picture is bizarre or illogical	0 | 1 | 2 | 3 | 4 | 5	Picture is logical

From: L. Gantt & C. Tabone, 2026, *The Formal Elements Art Therapy Scale: The Rating Manual* (2nd Expanded Edition), Morgantown, WV: Gargoyle Press. Copyright © 2026, ITR Training Institute LLC. This rating sheet may be reproduced in quantity by researchers. For other uses, written permission is needed: Info@ITRtraining.com

#7 - Realism

Not realistic (cannot tell what was drawn)	0 | 1 | 2 | 3 | 4 | 5	Quite realistic

#8 - Problem-solving

No evidence of problem-solving	0 | 1 | 2 | 3 | 4 | 5	Reasonable solution to picking apple

#9 - Developmental Level

Two-year-old level	0 | 1 | 2 | 3 | 4 | 5	Adult level

#10 - Details of Objects and Environment

No details or environment	0 | 1 | 2 | 3 | 4 | 5	Full environment, abundant details

#11A - Line Quality (Broken Lines)

Entire picture with broken, wavering, trembling, or shaky lines	0 | 1 | 2 | 3 | 4 | 5	No broken, wavering, trembling, or shaky lines

#11B - Line Quality (Fluid, Flowing Lines)

Entire picture has excessively fluid, chaotic lines	0 | 1 | 2 | 3 | 4 | 5	All lines are under control

#12 - Person

No person depicted	0 | 1 | 2 | 3 | 4 | 5	Realistic person

#13 - Rotation

Pronounced rotation	0 | 1 | 2 | 3 | 4 | 5	Trees & people, upright, no rotation

#14 - Perseveration

Severe	0 | 1 | 2 | 3 | 4 | 5	None

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